**Post Covid Vaccine information sheet**

**Today you have received COVID-19 Vaccine -Comirnaty (Pfizer)**

**(3 August 2021)**

**If this is your first dose, please make sure your next dose is booked in exactly 3 weeks’ time**. Please put this in your calendar but we will also send you a reminder 24 hours before. We will send you a sms and please fill in the consent again on the link.

**What side effects can you expect?**

It is likely that you will feel unwell in the next 1-3 days and the symptoms usually resolved in 2 days. Paracetomol and Nurofen may help.

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| Common side effects | Less common side effects |
| Pain or swelling at the injection site | Redness at the injection site |
| Tiredness | Enlarged lymph nodes |
| Headache | Limb pain |
| Aches and pain and muscle pain | Insomnia |
| Fever and chills | Itching at the injection site |

A sore throat, runny nose or a cough are NOT expected side effects and so please book a telehealth appointment if these occur. We may recommend a COVID swab if this occurs. **Rare** side effects that have been reported after **Comirnaty** are:

* + Severe allergic reaction (anaphylaxis): This occurs in approximately 1 in a million people getting this vaccine.
  + A very rare potential side effect that is currently being investigated by the TGA is inflammation of the heart muscle called myocarditis and pericarditis. This happens more commonly in males under 30. The condition is usually mild and is self-limiting, and tends to occur more commonly after the second dose.

PLEASE TURN OVER

* + The symptoms that could suggest myocarditis or pericarditis are
    - chest pain
    - shortness of breath
    - palpitations
    - fainting
    - pain on taking a deep breath

If this happens please call us immediately or seek medical help after hours.

**Seek urgent medical attention if:**

You think you are having an allergic reaction. Call 000 if you experience severe symptoms, such as difficulty breathing, wheezing, a fast heartbeat, severe unremitting headache or collapse.

**Expect to receive an SMS**

It is important that we find out if you have any reactions/side effects other than those listed above. As such, you will receive a text message in approximately 3 days from SMARTVAX asking if you experienced any adverse reactions that are continuing or unexpected. Don’t hesitate to contact us if you have any concerns.

**Evidence of your COVID-19 vaccine**

Evidence of your Covid-19 vaccination can be found in your immunisation history record through Medicare Online, myGovt or the Express Plus Medicare app. There is also an app called Healthi which can be linked to you my health record for access on your phone. Alternatively, we can print a copy of today’s immunisation, please ask for a copy before you leave.