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| --- | --- | --- | --- |
| Name | Click or tap here to enter text. | Date  | Click or tap here to enter text. |

The insertion of IMPLANON NXT® involves a small plastic implant containing the hormone progestogen being inserted underneath the skin of the upper inner arm to act as a contraceptive against pregnancy for up to three years.

* It is a highly effective form of contraception and is an alternative to the pill, IUD’s, Depo injections and sterilisation.
* It is placed under the skin in the non-dominant arm. It is easily palpable once placed so that it can be easily removed.  It may need US guidance if removal proves difficult.  Removal and insertion  may leave temporary bruising and a small scar
* The slow progesterone release acts to inhibit ovulation and hence is a contraceptive. It is effective immediately if inserted in the first few days of menstrual cycle.
* It must be removed after 3 years and it is your responsibility to ensure that it is removed after that time, as it will no longer be effective and pregnancy may follow. A record of date of insertion will be kept on file at the surgery.
* The best time to have Implanon inserted is in the first few days of your period.
* Implanon is safe to use as postnatal contraception in breastfeeding women.

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| Benefits and risks | I have discussed the benefits, risks and side effects of using IMPLANON NXT® with my doctor. Side effects may include:* irregular bleeding, altered menstrual patterns,  no periods, headaches, weight gain and breast symptoms
* bruising and discomfort for up to one week after insertion
* the possibility of allergic reactions
* the implant moving from its original position, which could make removal more difficult
* acne
* weight gain
* mood swings
* uncommonly -severe anxiety and mood disorders
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| Effectiveness of contraception | I am aware of the effectiveness of IMPLANON NXT® as well as its relative effectiveness compared with other birth control methods. I am aware no birth control method is completely reliable so I could have a small chance of becoming pregnant |  |
| Removal after three years | I understand that the IMPLANON NXT® implant must be removed by three years since leaving it in place for longer may increase the chances of a pregnancy. I am aware it is my responsibility to arrange removal |  |
| Scarring | The insertion and removal of the Implant may leave a small scar on the skin. I am aware that some people are predisposed to develop a thickened scar. A larger scar is likely if the IMPLANON NXT® implant is difficult to remove |  |
| Insertion and removal | I understand that to reduce discomfort, my doctor will use a local anaesthetic when inserting and removing the IMPLANON NXT® implant |  |
| Allergic reactions | I have advised my doctor of any known allergies, especially allergies to a local anaesthetic, sex hormones, plastics, metals, latex or any of the active or inactive ingredients or excipients contained in IMPLANON NXT® |  |
| Cost Acknowledgement | I understand the cost of the procedure including any out of pocket costs |  |
| Interactions | I understand that I must advise my doctor of any medication I am taking, as well as advise any other doctors I see, that I have an IMPLANON NXT® implant, as these can reduce the effectiveness of IMPLANON NXT® |  |

Based on the information above, I willingly consent for my doctor to insert an IMPLANON NXT® implant for use as a contraceptive in my arm. By ticking off each of the items above, I acknowledge that these are understood by me and have been discussed with my doctor.

Please sign below